

SHUTTLE BUS INFORMATION

IRONMAN WALES RACE WEEKEND

2024 IRONMAN Wales will operate a shuttle bus service on Saturday 21st and Sunday the 22nd September. We advise and encourage athletes and spectators to use this service as car parking in Tenby and Saundersfoot is very limited during the IRONMAN Wales weekend. In addition, road closures will be in place early on Race Day and will limit access to the town.

The park & ride service is suitable for athletes and spectators staying in Pembrokeshire and the surrounding area. The park & ride is located at Carew Airfield and it will be easily accessible via the A477 throughout the entire weekend.

The car park is FREE, however you will need to buy a ticket to use the shuttle bus:

Saturday Bus Tickets

Adults = £3

Children (up to the age of 16) = Free

Sunday Bus Tickets

Athletes wearing an athlete wristband = Free (Sunday only)

Adult spectator = £5

Child spectator = £3

Children (aged 2 and under) = Free

Weekend Spectator Bus Tickets

Adult = £7

Children only pay on Sunday / Athletes free on Sunday

Tickets can be purchased online via Active or by card at athlete registration on Saturday and Sunday. Tickets can also be purchased by card on Saturday only at Salterns Car Park.

Purchase a shuttle bus ticket online [HERE](#).

Carew Airfield – Tenby

Saturday – 09:30 – 15:00 / **Sunday** – 05:00 - 01:00 (Monday morning)

W3W Carew Parking \\conveys.dignify.tipping

W3W Tenby Saturday Bus Stop \\hoping.flamed.mingles (Salterns Car Park)

W3W Tenby Saturday Drop Off Bus Stop \\free.dragonfly.model (Marsh Road)

W3W Tenby Sunday Collection Bus Stop \\blink.cheeses.ringers (The Green)

Tenby – Saundersfoot

Sunday – 09:00 – 16:00

W3W Tenby Sunday Bus Stop \\blink.cheeses.ringers (The Green)

W3W Saundersfoot Bus Stop \\cake.diary.cashiers (Twycross Roundabout)

Saturday Shuttle Bus Information : Carew - Tenby

Who: Transporting athletes and spectators into Tenby for registration, bike and bags drop and IRONKIDS

What: Continuous loop from Carew Airfield to Salterns Car Park, Tenby

When: Saturday 09:30 - 15:00

Journey Time: 20 - 30 minutes

Parking: Free of charge at Carew

Carew to Tenby		Tenby to Carew	
First Bus Depart	09:30	First Bus Depart	10:10
First Bus Arrive	10:00	First Bus Arrive	10:40
Last Bus Depart	15:00	Last Bus Depart	15:30
Last Bus Arrive	15:20	Last Bus Arrive	15:50

Sunday Shuttle Bus Information : Carew - Tenby

Who: Transporting athletes and spectators into Tenby for the race.

What: Continuous loop from Carew Airfield to The Green, Tenby

When: Sunday 05:00 - Monday 01:00

Journey Time: 20 - 30 minutes

Parking: Free of charge at Carew

**Please note that departure times between 04:30 and 06:00 from Carew Airfield will give priority to athletes.*

Carew to Tenby		Tenby to Carew	
First Bus Depart	05:00	First Bus Depart	05:30
First Bus Arrive	05:25	First Bus Arrive	05:55
First Bus Depart	00:30	First Bus Depart	02:00
First Bus Arrive	00:55	First Bus Arrive	02:35

Tenby - Saundersfoot (Spectator Shuttle)

Who: Transporting spectators from Tenby to Saundersfoot and back during the event.

When: Sunday 09:00 - 16:00

Journey Time: 30 - 40 minutes

Tenby to Saundersfoot		Saundersfoot to Tenby	
First Bus Depart	09:00	First Bus Depart	09:45
First Bus Arrive	09:40	First Bus Arrive	10:25
First Bus Depart	16:00	First Bus Depart	16:45
First Bus Arrive	16:40	First Bus Arrive	17:25

**Please note that during peak times these schedules will be subject to change according to traffic and road access restrictions.*